COUNTY OF LOS ANGELES

MARVIN J. SOUTHARD, D.S.W.
Director

ROBIN KAY, Ph.D.
Chief Deputy Director

RODERICK SHANER, M.D.
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550 SOUTH VERMONT AVENUE, LOS ANGELES, CALIFORNIA 90020

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DEPARTMENT OF MENTAL HEALTH

http://dmh.lacounty.gov

Reply To: (213) 738-4601
Fax: (213) 386-1297

April 25, 2012

TO: Each Supervisor

FROM: Marvin J. Southard, D.S.W.
Director

SUBJECT: **ADVANCE NOTIFICATION OF INTENT TO ENTER INTO A SOLE SOURCE CONTRACT AMENDMENT WITH CALIFORNIA INSTITUTE FOR MENTAL HEALTH**

This memo is to comply with the Board of Supervisors Policy Manual, Section 5.100, Sole Source Contract, by notifying the Board of our need to initiate a Sole Source contract amendment. It is the Department of Mental Health's (DMH's) intent to enter into new sole source contract amendment negotiations with the California Institute for Mental Health (CiMH), located at 2125 19th Street, 2nd Floor, Sacramento, CA 95818.

CiMH will provide training, consultation, and technical assistance in support of four Evidence-Based Practices (EBPs) in the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan that DMH is implementing that involved the Community Development Team (CDT) model. These four EBPs were not included in the Advance Notification of Intent to Enter Into a Sole Source Contract with CiMH previously submitted to your Board on April 20, 2010 (Attachment). These four EBPs will be initiated within selected Los Angeles County contracted agencies and DMH directly-operated clinics as a result of the transformation to PEI services. CiMH training will allow agencies to train their staff as quickly as possible so that there is very little interruption of services. DMH is providing training, consultation, and technical assistance for these practices for its providers in order to implement the following four EBPs: 1) Aggression Replacement Therapy; 2) Functional Family Therapy; 3) Incredible Years; and 4) Program to Encourage Active, Rewarding Lives for Seniors as quickly as possible so that there is seamless delivery of services to its consumers, clients and family members.

Staff from CiMH will be conducting the training for the four PEI programs that DMH is implementing. The developers of the above four EBPs have identified CiMH to serve as the entity in California that is authorized to serve as a partner and as sole purveyor of these EBP models. CiMH, which developed the CDT model, is the sole purveyor of the CDT model. CiMH's CDT model will assist the Department in monitoring, evaluating,

and collecting data on these EBPs. The consultation and training services under the proposed sole source contract amendment with DMH for the four new EBPs will cost $914,684. The cost for the additional trainings for Trauma-Focused Cognitive Behavioral Therapy (TFCBT), one of the two EBPs already included in the April 20, 2010, Advance Notification, will be $1,102,706. CiMH's Total Compensation Amount will increase by $2,017,390 for Fiscal Year (FY) 2011-12 through FY 2012-13 and is fully funded with MHSA PEI funding.

Unless otherwise instructed by a Board office within two weeks, DMH will proceed with negotiating the sole source contract amendment. DMH will work closely with both County Counsel and the Chief Executive Office in preparing the amendment with CiMH.

MJS:RK:DM:lb

Attachment

c: Health Deputies
Chief Executive Officer
Executive Officer, Board of Supervisors
County Counsel
Robin Kay, Ph.D.
Dennis Murata, M.S.W.
Contracts Development and Administration

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Reply To: (213) 738-4601
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April 20, 2010

TO: Each Supervisor

FROM: Marvin J. Southard, D.S.W.
Director of Mental Health

SUBJECT: **ADVANCE NOTIFICATION OF INTENT TO ENTER INTO A SOLE SOURCE CONTRACT WITH CALIFORNIA INSTITUTE FOR MENTAL HEALTH**

This memo is to comply with the Board of Supervisors' Policy Manual, Section 5.100, Sole Source Contract, by notifying the Board of our need to initiate a sole source contract. It is the Department of Mental Health's (DMH) intent to enter into new sole source contract negotiations with the California Institute for Mental Health (CIMH), located at 2125 19th Street, 2nd Floor, Sacramento, CA 95818.

CIMH is a private consultant services agency specializing in technical mental health knowledge. CIMH was established by the California Mental Health Directors Association in 1993 to provide trainings, technical assistance, research and policy development statewide and work collaboratively with all mental health system stakeholders in order to promote excellence in mental health services.

CIMH will provide training, consultation, and technical assistance in support of two Evidence-Based Practices (EBPs) in the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan that DMH is implementing. These EBPs will be initiated within selected Los Angeles County contracted agencies and directly-operated clinics as a result of the transformation. Further, DMH is implementing its plan to mitigate its Fiscal Year (FY) 2009-10 budget shortfall. One of its mitigation strategies is to offer DMH's contractors the opportunity to transform their programs to PEI services, including the Trauma-Focused Cognitive Behavioral Therapy (TFCBT) and the Positive Parenting Program (Triple P) EBPs. CIMH training will allow agencies to train their staff as quickly as possible so that there is very little interruption of service. DMH is providing training, consultation, and technical assistance for this practice for its providers in order to implement the TFCBT and the Triple P as quickly as possible so that there is seamless delivery of services to its consumers, clients and family members.

1. The Trauma–Focused Cognitive Behavioral Therapy (TFCBT) services are specialized mental health services delivered by clinical staff, as part of multi-disciplinary treatment teams. The widely researched and culturally sensitive TFCBT service has the potential of increasing accessibility to mental health services among individuals in underserved cultural populations and the provision of effective mental health services to children and youth residing within stressed families. It is further expected that implementation of this evidence-based treatment model will reduce symptoms of depression and psychological trauma, which may be the result of any number of traumatic experiences (e.g., child sexual abuse, domestic violence, traumatic loss, etc.) for young children, children and transition-age youth receiving these services.

   In addition, DMH is implementing an enhanced version of the TFCBT model, which involves the Community Development Team (CDT) model. The developer of TFCBT has identified CIMH to serve as an entity in California that is authorized to serve as a partner and as a purveyor of the TFCBT model. CIMH, which developed the CDT model, is the sole purveyor of the CDT model. The majority of DMH contract agencies facing the budget curtailment and transformation selected TFCBT, and the CIMH's CDT model will assist the Department in monitoring, evaluating, and collecting data on this EBP. CIMH will provide clinical training and consultation, provide concrete and tailored assistance in developing and executing implementation plans and overcoming organizational barriers, form peer-to-peer networks to support easy exchange of information about implementation challenges and solutions, develop a sustainable infrastructure with the Department, monitor agency fidelity to the TFCBT model, collect outcome data and conduct analyses, and recommend strategies to improve agency outcomes. The consultation and training services under the proposed sole source contract with DMH will be fully funded with $2,262,000 in MHSA PEI funding to train 972 clinicians and 90 agency community development teams. The term of the consultant agreement will be from FY 2009-10 through FY 2011-12.

2. The Positive Parenting Program (Triple P) is a system of parenting and family support strategies. Organized in five levels of increasing intensity, Triple P offers a variety of methods and activities which can be implemented in a variety of settings. The main goals of Triple P are to improve parenting skills and improve child behaviors. These goals are reached by delivering structured curricula involving the promotion of positive parent-child relationships, encouragement of desirable behaviors, the teaching of new skills and behaviors, and management of misbehavior. Triple P has been validated in the United States and abroad for many diverse cultural populations.

Triple P America, headquartered in South Carolina, has established a working arrangement with CIMH to serve as the entity in California that is authorized to serve as its partner and as a purveyor of the Triple P model. The arrangement includes provisions for Triple P America to provide basic workshops on the model, while CIMH provides implementation planning support, ongoing technical assistance, fidelity monitoring and support, and outcome data tracking and reporting utilizing the CDT model developed by CIMH. The consultation and training services under the proposed sole source contract with DMH will be fully funded with $160,000 in MHSA PEI funding to implement the CDT model with 50 agencies. The term of the consultant agreement will be from FY 2009-10 through FY 2011-12.

Unless otherwise instructed by a Board office within two weeks, DMH will proceed with negotiating the sole source contract for the total amount of $2,422,000. DMH will work closely with both County Counsel and the Chief Executive Office in preparing a new agreement with CIMH.

MJS:DM:LB

c: Health Deputies
Chief Executive Officer
Executive Officer, Board of Supervisors
County Counsel
Robin Kay, Ph.D.
Dennis Murata, M.S.W.
Contracts Development and Administration

JN:CIMH sole source notification 040910