COUNTY OF LOS ANGELES

MARVIN J. SOUTHARD, D.S.W.
Director

SHEILA A. SHIMA
Chief Deputy Director

RODERICK SHANER, M.D.
Medical Director

550 SOUTH VERMONT AVENUE, LOS ANGELES, CALIFORNIA 90020

BOARD OF SUPERVISORS
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DEPARTMENT OF MENTAL HEALTH

http://dmh.lacounty.gov

Reply To: (213) 738-4601
Fax#: (213) 386-1297

March 8, 2007

The Honorable Board of Supervisors
County of Los Angeles
383 Kenneth Hahn Hall of Administration
500 West Temple Street
Los Angeles, CA 90012

Dear Supervisors:

APPROVAL OF AMENDMENT TO EXISTING DEPARTMENT OF MENTAL HEALTH CONSULTING SERVICES AGREEMENT WITH CALIFORNIA INSTITUTE FOR MENTAL HEALTH FOR FISCAL YEARS 2006-07 AND 2007-08 (ALL SUPERVISORIAL DISTRICTS) (3 VOTES)

IT IS RECOMMENDED THAT YOUR BOARD:

1. Approve and instruct the Director of Mental Health or his designee to prepare, sign, and execute Amendment No. 2, substantially similar to the Attachment, to the existing Department of Mental Health (DMH) Consulting Services Agreement (Agreement) No. MH-050001 with the California Institute of Mental Health (CIMH) to provide consultation, technical assistance and training for the Intensive In-Home Mental Health Services. The Amendment will increase the Total Compensation Amount (TCA) by $534,000, funded with $267,000 in Mental Health Services Act (MHSA) funding and $267,000 in Intrafund Transfer from the Department of Children and Family Services (DCFS) funds for Fiscal Year (FY) 2006-07. For FY 2007-08 the TCA will increase in the amount of $857,000 funded with $428,500 MHSA funding and $428,500 in Intrafund Transfer from DCFS funds. With this increase the TCA amount for FY 2006-07 will increase to $1,048,867 and for FY 2007-08 to $1,471,868. This Amendment will be effective upon Board approval.

2. Delegate authority to the Director of Mental Health or his designee to prepare, sign, and execute future amendments to this Agreement provided that: 1) the County's total payments to a Contractor under this Agreement for FYs 2006-07 and 2007-08 shall not exceed an increase of 20 percent from the revised TCA as of this Amendment; 2) any such increase shall be used to provide additional services or to reflect program and/or policy changes; 3) the Board of Supervisors has appropriated sufficient funds for all changes; 4) approval of County Counsel

and the Chief Administrative Officer (CAO) or their designee is obtained prior to any such Amendment; 5) the parties may, by written Amendment, reduce programs or services and revise the applicable TCA without reference to the 20 percent limitation; and 6) the Director of Mental Health shall notify the Board of Supervisors of Agreement changes in writing within 30 days after the execution of delegated authority Amendments.

PURPOSE/JUSTIFICATION OF RECOMMENDED ACTIONS

Board approval of the Amendment is being requested because the recommended increase of $1,391,000 to the TCA exceeds DMH's delegated authority for FY 2006-07 and FY 2007-08.

The Amendment will enable CIMH to provide consultation, technical assistance and training through the establishment of Community Development Teams (CDT) to support training for Los Angeles County DMH contract agencies in a variety of evidence-based mental health practices to be used for intensive in-home mental health services as well as to support the ongoing implementation of these sophisticated treatment interventions. These services are to be developed as part of the joint DCFS and DMH plan (Countywide Enhanced Specialized Foster Care Mental Health Services in Service Areas 1, 6, and 7), approved by the Board of Supervisors on October 11, 2005 (Plan). These services will be directed to children and youth under the supervision of DCFS in Service Areas 1, 6, and 7 (Supervisorial Districts One, Two, Four, and Five) who are either residing in congregate care or D-rate placements or at risk of such placements.

IMPLEMENTATION OF STRATEGIC PLAN GOALS

The recommended Board actions are consistent with the principles of the County's Programmatic Goals: No. 5, "Children and Families' Well-Being"; No. 6, "Community Services"; and No. 7, "Health and Mental Health." These augmented and new services will be accessible and integrated into a comprehensive service delivery system through the collaboration of government agencies, private agencies, and community-based organizations.

FISCAL IMPACT/FINANCING

There is no increase in net County cost.

The total increase of the Amendment is $534,000 for FY 2006-07 funded with $267,000 in MHSA funds and $267,000 in Intrafund Transfer from DCFS funds and $857,000 for FY 2007-08 funded with $428,500 in MHSA funds and $428,500 in Intrafund Transfer funds from DCFS. For FY 2006-07, $534,000 is included in DMH's FY 2006-07 Adopted Budget. The funding for FY 2007-08 has been requested in DMH's Proposed Budget.

FACTS AND PROVISIONS/LEGAL REQUIREMENTS

CIMH will partner with DMH to administer Multidimensional Treatment Foster Care (MTFC), Multisystemic Therapy (MST), and Children's Comprehensive Services Program (CCSP) CDT. CDT is a multifaceted approach designed to promote sustainable, model-adherent adoption of evidence-based practices. This approach has been tailored to support implementation of MTFC, MST, and CCSP across numerous private and/or County operated outpatient providers operating in Service Areas 1, 6, and 7.

CIMH is uniquely qualified to assist the DMH to implement and sustain the proposed evidence-based practices. CIMH was established by the California Mental Health Directors Association (CMHDA) in 1993 to promote excellence in California's public mental health service system. County mental health directors, consumers, family members and public interest representatives serve on its Board of Directors. CIMH has long-term, excellent relationships with state and local service systems and is a statewide leader in assisting counties with developing effective intervention practices.

The Cathie Wright Technical Assistance Center, the branch of CIMH responsible for children's mental health programs, was originally created to assist counties in their efforts to develop Children's System of Care programs. Early efforts focused on training in team building, interagency collaboration, parent/professional partnerships and cultural competency. As a result of helping counties develop System of Care services, CIMH launched a strategic initiative to promote the adoption of evidence-based practices by county operated Mental Health Plans, and probation and child welfare agencies throughout the State of California.

The agency developed the CDT training and technical assistance model designed to promote the sustainable model-adherent implementation of evidence-based practices by public sector mental health, juvenile justice and child welfare agencies and private providers. The CDT model is the subject of a recently awarded research grant from the National Institute for Mental Health (NIMH).

CIMH has established relationships with practice developers and has extensive experience successfully assisting California counties to implement evidence-based practices. Currently CIMH is involved in the transport of several evidence-based practices: Functional Family Therapy (FFT), MTFC, The Incredible Years (IY), and others.

The Amendment has been approved as to form by County Counsel and reviewed by CAO staff. Administrative staff of DMH will continue to administer and supervise the Agreement and ensure that Agreement provisions and Departmental policies are being followed.

CONTRACTING PROCESS

To comply with your Board's contracting policy requirements for sole source contracts, DMH notified your Board on February 1, 2007, of its intent to enter into a sole source amendment with CIMH. Upon Board approval, DMH will allocate a total of $1,391,000 to CIMH to provide consultation, technical assistance and training services. DMH has selected CIMH who is uniquely qualified to provide the CDT and clinical training described in DMH and DCFS's joint Plan based upon their extensive experience in promoting innovation in County mental health care for these services based on their established expertise and experience.

IMPACT ON CURRENT SERVICES

Upon Board approval, DMH expects the services of the Department, its partners, and stakeholders will improve significantly in quality and quantity with this action. The provision of expert consultation, technical assistance and training throughout the implementation process will improve the efficiency and effectiveness of mental health operations.

CONCLUSION

The Department of Mental Health will need one (1) copy of the adopted Board actions. It is requested that the Executive Officer of the Board notifies the Department of Mental Health's Contracts Development and Administration Division at (213) 738-4684 when this document is available.

Respectfully submitted,

Marvin J. Southard, D.S.W.
Director of Mental Health

MJS:ST:AJ:aj

Attachment

c: Chief Administrative Officer
County Council
Chairperson, Mental Health Commission

LJ:CIMH:Amend. # 2:Toni (2-13-2007)

ATTACHMENT

CONTRACT NO. MH050001

AMENDMENT NO. 2

THIS AMENDMENT is made and entered into this ___ day of _____, 2007, by and between the COUNTY OF LOS ANGELES (hereafter "County") and California Institute for Mental Health (hereafter "Contractor").

WHEREAS, County and Contractor have entered into a written Agreement, dated June 27, 2006, identified as County Agreement No. MH050001, (hereafter "Agreement"); and

WHEREAS, for Fiscal Years (FYs) 2006-2007 and 2007-2008, County and Contractor intend to amend Agreement only as described hereunder; and

WHEREAS, for FYs 2006-2007 and 2007-2008, County and Contractor intend to increase the Total Compensation Amount (TCA) in the amount of $534,000 funded with $267,000 in Mental Health Services Act (MHSA) funding and $267,000 Intrafund Transfer from the Department of Children and Family Services (DCFS) funds for FY 2006-2007. For FY 2007-2008 the TCA will increase $857,000 funded with $428,500 MHSA funding and $428,500 Intrafund Transfer from DCFS funds. The TCA amount for FY 2006-2007 will be revised to $1,048,867 and for FY 2007-2008 will be revised to $1,471,868. The remainder of the Agreement will stay the same.

NOW, THEREFORE, County and Contractor agree that Agreement shall be amended only as follows:

1. Paragraph 5.0 COMPENSATION , Subparagraphs 5.1 and 5.2 shall be deleted in their entirety and replaced by:

"5.0 COMPENSATION:

5.1 In consideration of the performance by Consultant in a manner satisfactory to County of services described in Exhibit A, Consultant shall be paid in accordance with the Fee Schedule established in Exhibit B. Total compensation for all services furnished hereunder shall not exceed the sum of ONE MILLION FORTY-EIGHT THOUSAND EIGHT HUNDRED SIXTY-SEVEN DOLLARS ($1,048,867) for Fiscal Year 2006-2007; ONE MILLION FOUR HUNDRED SEVENTY-ONE THOUSAND EIGHT HUNDRED SIXTY-EIGHT DOLLARS ($1,471,868) for Fiscal Year 2007-2008; and THREE HUNDRED SEVENTY THOUSAND DOLLARS ($370,000) for Fiscal Year 2008-2009. Notwithstanding such limitation of funds, Consultant agrees to satisfactory complete all work specified in Exhibit A. To request payment, Consultant shall present County's Program Manager monthly in arrears invoices accompanied by a statement of the number of hours worked daily by each individual assigned to the project and a report of work completed for the invoice period. This report shall be prepared in a format satisfactory to County's Program Manager or his/her designated representative.

5.2 The Total Compensation Amount for this Agreement shall not exceed ONE MILLION FORTY-EIGHT THOUSAND EIGHT HUNDRED SIXTY-SEVEN DOLLARS ($1,048,867), for Fiscal Year 2006-2007; ONE MILLION

FOUR HUNDRED SEVENTY-ONE THOUSAND EIGHT HUNDRED SIXTY-EIGHT DOLLARS ($1,471,868) for Fiscal Year 2007-2008 and, THREE HUNDRED SEVENTY THOUSAND DOLLARS ($370,000) for Fiscal Year 2008-2009. In no event shall County pay Consultant more than this Total Compensation Amount for Consultant's performance hereunder. Payment to Consultant shall be only upon written approval of the invoice and report by County's Program Manager or his/her designated representative.

Consultant shall submit invoices to:

County of Los Angeles
Department of Mental Health
550 South Vermont Avenue
Los Angeles, CA 90020
ATTN: Program Manager

2. The EXHIBIT A, Statement of Work attached hereto and incorporated herein by reference, shall supersede and replace the previously effective Exhibit A, to the Agreement.

3. The EXHIBIT B, Fee Schedule attached hereto and incorporated herein by reference, shall supersede and replace the previously effective Exhibit B, to the Agreement.

4. Except as provided in this Amendment, all other terms and conditions of the Agreement shall remain in full force and effect.

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IN WITNESS WHEREOF, the Board of Supervisors of the County of Los Angeles has caused this Amendment to be subscribed by County's Director of Mental Health or his designee, and Contractor has caused this Amendment to be subscribed in its behalf by its duly authorized officer, the day, month, and year first above written.

COUNTY OF LOS ANGELES

By_____
MARVIN J. SOUTHARD, D.S.W.
Director of Mental Health

California Institute for Mental Health
CONTRACTOR

By_____

Name Sandra Goodwin, Ph.D.

Title Executive Director
(AFFIX CORPORATE SEAL HERE)

APPROVED AS TO FORM:
OFFICE OF THE COUNTY COUNSEL

APPROVED AS TO CONTRACT ADMINISTRATION:

DEPARTMENT OF MENTAL HEALTH

By _____
Chief, Contracts Development
and Administration Division

EXHIBIT A

CALIFORNIA INSTITUTE FOR MENTAL HEALTH

STATEMENT OF WORK

TRAINING SERVICES TO BE PROVIDED BY CIMH

ADULT SYSTEMS OF CARE

California Work Opportunities and Responsibilities to Kids (CalWORKs) Act

California Institute for Mental Health (CIMH) will assist the Los Angeles County - Department of Mental Health (DMH) by providing training sessions, workshops, consultation and technical assistance for both the Adult and Children's Systems of Care as follows:

CIMH will provide technical assistance in the development and implementation of an outcome measurement system for the CalWORKs program to evaluate the effectiveness of supportive services to CalWORKs participants.

CIMH will conduct studies on supportive services to Los Angeles County's Welfare-to-Work efforts. These studies will examine program results, measure performance, identify outcomes, and present recommendations:

1. Provide technical assistance in the development and implementation of an outcome measurement system for the CalWORKs program to evaluate the effectiveness of supportive services to the CalWORKs participants; and
2. Conduct an evaluation study of a pilot program serving the needs of homeless CalWORKs families.

The data provided, based on the outcome measurement system, will assist in the development of treatment services to meet the needs of CalWORKs participants. Using the proposal for developing an outcome measurement system approach, the focus shifts from any given cohort of clients to changes in overall system performance over time.

These performance measures and outcomes will improve the accountability and serve as a tool for continued monitoring, planning and managing the programs.

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA) [Amendment No. 1]

CIMH will produce an educational video with DVD/CD Learning System titled "ANOTHER KIND OF VALOR." The video will be designed to teach the mental health issues faced by returning Iraq/Afghanistan war veterans, their families, and others

involved in their lives. The video will present a series of 15 to 20 minute docudrama video vignettes that probe the veteran's experiences - pre-war, battleground, and post deployment. These vignettes will provide insights about the impact of exposure to powerful trauma on the mental health, behavior, and social connections of the veteran. A structured interactive training CD will provide a review and structured discussion about avenues that might be pursued to provide treatment, improve circumstances, support healing, and promote positive health outcomes.

The completed DVD/CD Learning System will include:

- A series of 15 to 20 minute vignettes that illustrate a range of veterans' experiences that contribute to the onset of Post Traumatic Stress Disorder (PTSD) and a variety of ways in which PTSD and other mental health issues impact veterans' behaviors and relationships.

- A training CD that, through an interactive process, covers the basic signs and symptoms of PTSD, a range of treatment options, and the exploration of approaches that address all aspects of the veterans' lives in order to support healing and wellness.

Each county in California will receive a copy of the DVD/CD Learning System.

The schedule for completion will be December 31, 2007.

INTENSIVE IN-HOME MENTAL HEALTH SERVICES (MHS) [Amendment No. 2]

CIMH is to fund the establishment of Community Development Teams and support training for Los Angeles County Department of Mental Health (DMH) contract agencies in a variety of evidence-based mental health practices to be used for intensive in-home mental health services. These services are to be developed as part of the joint Department of Children and Family Services (DCFS) and DMH Plan (Countywide Enhanced Specialized Foster Care Mental Health Services in Service Areas 1, 6, and 7) approved by the Board of Supervisors on October 11, 2005.

CIMH will assist DMH in implementing Intensive In-Home evidence-based practices. The Intensive In-Home practices will target children in the child welfare system, from Service Areas 1, 6, and 7, who are placed in congregate (group) care or D-rate foster care placements, or who are at-risk of such placement.

a. Three practice models will be implemented. Each model will include intensive case management and 24/7 service availability. All models will include provision of services in home, school and community settings. The practice models will include:

- Multidimensional Treatment Foster Care (MTFC)
- Multisystemic Therapy (MST)
- Children's Comprehensive Services Program (CCSP)

b. CIMH will partner with DMH to administer MTFC, MST, and CCSP Community Development Teams (CDT). CDT is a multifaceted approach designed to promote sustainable, model-adherent adoption of evidence-based practices. This approach has been tailored to support implementation of MTFC, MST, and CCSP across numerous private and/or county operated outpatient providers operating in Service Areas 1, 6, and 7.

c. CIMH is uniquely qualified to assist DMH to implement and sustain the proposed evidence-based practices. The California Mental Health Directors Association (CMHDA) established CIMH in 1993 to promote excellence in California's public mental health service system. County mental health directors, consumers, family members and public interest representatives serve on its Board of Directors. CIMH has long-term, exemplary relationships with state and local service systems and is a statewide leader in assisting counties with developing effective intervention practices.

d. The Carthie Wright Technical Assistance Center, the branch of CIMH responsible for children's mental health programs, was originally created to assist counties in their efforts to develop Children's System of Care programs. Early efforts focused on training in team building, interagency collaboration, parent/professional partnerships and cultural competency. As an outgrowth of helping counties develop System of Care services, CIMH launched a strategic initiative to promote the adoption of evidence-based practices by county operated Mental Health Plans, and probation and child welfare agencies throughout the State of California.

e. The agency developed the CDT training and technical assistance model designed to promote the sustainable model-adherent implementation of evidence-based practices by public sector mental health, juvenile justice and child welfare agencies and private providers. The CDT model is the subject of a recently awarded research grant from the National Institute for Mental Health (NIMH).

f. CIMH has established relationships with practice developers and extensive experience successfully assisting California counties implement evidence-based practices. Currently CIMH is involved in the transport of

several evidence-based practices: Functional Family Therapy (FFT), MTFC, The Incredible Years (IY), Depression Treatment Quality Improvement (DTQI), and Aggression Replacement Training (ART).

g. The proposed Los Angeles CDTs will include clinical training and administrative supports provided in three phases--pre-implementation, implementation, and sustainability. During these phases, seven core processes occur that are designed to facilitate the successful implementation and sustainability of new practices. These processes are accomplished via a set of seven distinct activities.

h. The activities will be carried out by a pair of staff, supporting each of the 3 CDTs, including a CIMH associate (.5 FTE) and a staff person from DMH. These two individuals collaborate closely with the practice purveyors (developers) responsible for the clinical training and consultation.

i. The proposal assumes that MTFC will be provided by 6 agencies with a capacity for 80 foster homes; MST will be provided by 4 agencies with a capacity for 80 youth at one time; CCSP will be provided by 4 agencies with a capacity for 320 youth at one time.

j. The CDTs are designed to support each agency to establish and sustain each practice with model adherence. Moreover, administration of the CDTs is designed to transition from being shared by CIMH and DMH to being fully directed by DMH. Achievement of these goals (sustainable model-adherent sites and DMH administered CDTs) is planned over a 3-year period.

k. Clinical training for each practice will occur in two phases. The first phase involves establishing the practices, and the second phase involves sustaining the practices with model-adherence.

l. The clinical training and consultation will be provided by the training centers associated with the developers of each practice. The cost of the clinical training and consultation are estimated in the proposed budget. DMH will be responsible for the actual cost of the clinical training and consultation provided by these centers.

CALIFORNIA INSTITUTE FOR MENTAL HEALTH

EXHIBIT B

FEE SCHEDULE

Funding Sources:	FY 2006-2007	FY 2007-2008	FY 2008-2009
CalWORKs	$ 150,000	$ 150,000	$ 150,000
MHSA- Community Planning	$ 200,000	$ 200,000	$ 200,000
Sales Tax Realignment (CGF)	$ 20,000	$ 20,000	$ 20,000
Amendment No. 1			
SAMHSA-Veterans Project	$ 144,867	$ 244,868	
Amendment No. 2			
MHSA Intensive In-Home	$ 267,000	$ 428,500	
DCFS	$ 267,000	$ 428,500	
Total Contract Amount	**$ 1,048,867**	**$ 1,471,868**	**$ 370,000**

The California Institute for Mental Health (CIMH) shall submit monthly invoices for actual costs incurred for services provided under the Statement of Work. CIMH shall retain all relevant supporting documents and make them available to DMH at any time for audit purposes. Invoices shall be specific as to the type of services provided and shall be submitted to:

1. MHSA

   County of Los Angeles – Department of Mental Health
   550 S. Vermont Ave., 12th Floor
   Los Angeles, CA 90020
   Telephone: (213) 738-4105
   ATTN: Angel Baker, Administrative Manager

2. CalWORKs

   County of Los Angeles – Department of Mental Health
   550 S. Vermont Ave., 11th Floor
   Los Angeles, CA 90020
   Telephone: (213) 738-2819
   ATTN: Dolorese Daniel, District Chief, CalWORKs

3. SAMHSA Veterans Project

   County of Los Angeles – Department of Mental Health
   550 S. Vermont Ave., 11th Floor
   Los Angeles, CA 90020
   ATTN: Linda Graul, District Chief

4. MHSA -Intensive In-Home MHS

   County of Los Angeles – Department of Mental Health
   550 S. Vermont Ave., 4th Floor
   Los Angeles, CA 90020
   ATTN: Sandra Thomas, Deputy Director